

# **Schreder** ELITE Soccer Training Camp

## "MOVE Better - PLAY Stronger - ELITE Prepared"



<u>Philosophy</u> This ELITE camp is a specified technical training program for young players who possess basic soccer fundamentals and are seeking a challenging program. Sessions are energetic, fast paced and immerse players in a competitive environment designed to bring out their very best. Throughout the week, players will focus on mastering fundamentals while building their foundational skills as ELITE soccer players in a fun and challenging atmosphere. Players will be exposed to the four dimensions of soccer training: Physical, Technical, Tactical and Psychological.

### **Daily Training Topics**

Monday: Fakes and Faints, 1v1 Attacking and Defending, Individual/Team Competitions

Tuesday: Spatial Awareness, Speed of Play, Individual/Team Competitions

**Wednesday:** Combination Play, 3<sup>rd</sup> Man Combination, Individual/Team Competitions **Thursday:** Crossing and Finishing, Timing of Runs, Individual/Team Competitions

Friday: Competition Day, Full Field Scrimmages

### 2024 Camp Details

<u>Camp Instructor</u> Andres Schroeder

Ages: Open to girls and boys entering 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> grade

**Dates/Times:** July 22 - July 26 8:00am - 11:00am

Location: Schroeder Soccer Complex - 405 W 2nd St, Jasper IN 47546

Registration: Register online at isfcsoccer.org or mail form/payment to: ISFC, PO Box 264, Jasper, IN 47547

Deadline: Registrations must be received by May 20th

Cost: \$75 per player if registered before March 15<sup>th</sup> | \$90 per player after March 15<sup>th</sup> | ELITE Camp shirt included!

What to bring: Water, cleats, shin guards, running shoes, Positive Attitude

# ISFC Academy Director 812.598.0688 aschroeder@nedubois.k12.in.us Player Name:\_\_\_\_\_\_\_\_Shirt Size: YS | YM | YL | AS | AM | AL Address:\_\_\_\_\_\_\_\_City:\_\_\_\_\_\_\_Birth Date:\_\_\_\_\_\_\_ Parent/Guardian Name: Fall 2024 Grade:

Contact Email: Cell#: